

BOOST MENU

BOOST ME WITH THE "B" \$20

INGREDIENTS: Vitamin B12

WHY: is an important vitamin needed for the brain, nerves, and production of red blood cells in the body. *Weight loss
*Improve sleep *Improve mood *Increase energy

BATTERY PACK \$35

INGREDIENTS: B-Complex, B12

WHY: All the B vitamins plus B12. Helps with staying healthy with a boost of energy.

LIQUID SUNSHINE \$25

INGREDIENTS: Vit D3

WHY: There are many benefits of vitamin D injections. Most notably, adequate levels of vitamin D are required for a strong immune system, strong bones, and a lower risk of obesity-related illnesses.

THREE MUSKETEERS (IMMUNE BOOST) \$45

INGREDIENTS: Zinc, Glutathione, Vitamin C

WHY: This boost is a great choice for general nutritional supplementation and an immune system boost year-round or super immune boost for when you are sick.

GLOW BOOST \$25

INGREDIENTS: BIOTIN

WHY: Helps with getting your hair, skin and nails healthy and strong!

SHIMMY AND SHINE \$45

INGREDIENTS: B12 and BIOTIN

WHY: Helps with getting your hair, skin and nails healthy and strong with a boost of energy!

RECOVERY \$45

INGREDIENTS: B12 and Aminos

WHY: Perfect boost for recovering from workouts, marathons, sporting events, or illnesses. This boost can help boost immune function, reduce inflammation, and support faster muscle healing.

FAB"YOU"LOSS \$45

INGREDIENTS: Lipo-Mino-MIX and B12

WHY: This boost is great for those battling to lose weight around the abdominal organs. This can be tied to greater risk of metabolic and cardiovascular diseases. 1-2 lbs of weight loss a week.

GO TIME \$40

INGREDIENTS: 2 cc of Vitamin B12

WHY: *Weight loss *Improve sleep *Improve mood
*Increase energy!

MIGRAINE \$50

INGREDIENTS: ZOFRAN, TORADOL

WHY: Anti-inflammatory and anti-nausea that can effectively help remedy chronic headaches/ migraines.

ROCKET FUEL- ANXIETY BOOST \$50

INGREDIENTS: B-complex, Glutathione, B12

WHY: Helps reduce the symptoms of anxiety.

NOT TODAY NAUSEA \$20

INGREDIENTS: Zofran

WHY: Helps reduce the symptoms of nausea.

WEIGHTTOGO \$55

INGREDIENTS: Lipo-Mino-MIX, Lipo B, and B12

WHY: This boost is great for those battling to lose weight. This is a 3cc boost that contains essential vitamins to help boost your metabolism. 2-3lbs of weight loss a week.

DETOX ME! \$45

INGREDIENTS: Glutathione and B12

Why: Glutathione is a powerful antioxidant that's made in the body's cells. Its levels decrease as a result of aging, stress, and toxin exposure. Boosting glutathione may provide many health benefits, including reduction of oxidative stress and help with weight loss.

GAME CHANGER! \$55

INGREDIENTS: LIPO B, AMINOS, B12

WHY: This boost is great for those needing a boost for a long weekend of activities. Great for those in CrossFit, running or sports. This is a 3cc boost that contains essential vitamins to help boost your metabolism and improve your muscle recovery

THE SHREDDER \$40

INGREDIENTS: 2 cc of Lipo-B

WHY: Helps the liver break down fatty acids, helps increase energy and aids in weight loss.

NAD+ \$75

INGREDIENTS: NAD+

Why: THE BOOST OF ALL BOOSTS. The NAD+ is a critical coenzyme needed to produce energy & regulate key bodily functions especially the GI and liver.

VITA-"C ME HEALTHY" \$25

INGREDIENTS: Vitamin C

WHY: You need vitamin C for the growth and repair of tissues in all parts of your body. It helps the body make collagen, cartilage, tendons, ligaments, and blood vessels. Vitamin C is needed for healing wounds

TRIPLE THREAT: \$55

INGREDIENTS: Lipo-B, B6, B12

WHY: Great for energy and mood/irritability
*Top Favorite